

## 齋月之星選拔

HAWA CHANG 提供美國布蘭諾穆斯林社區齋月之星選拔（12 歲以下組）辦法，供台灣教親參考，原文是英文，經 Yusuf Chang 譯成中文，特此感謝，隨附英文原文，以供大家對照。HAWA CHANG 表示，由其條例可見落實宗教生活化及強調宗教教育從小自家庭紮根的重要性。他山之石，或可作為國內伊斯蘭教育推廣之借鏡。

為讓孩子們體驗尊貴的齋月，請各位家長要求子女參加「齋月之星選拔」，大人協助填寫後面所附的計分表，每天紀錄孩子所得的點數並在各欄位處簽名以示鄭重其事。

我們提供了一些例子做為給分的標準，但不表示給分只限於此，守住給分的原則勿浮濫即可。

作為 — 每一項給 1 分

1. 禮 5 番拜（每番拜分別計分，到寺裡禮再加 1 分）
2. 禮其它 nafl（可選擇的）的拜（ad-duh 拜，tahajjud 拜等）
3. 封齋
4. 夜裡起來吃封齋飯
5. 每天唸誦古蘭
6. 不看電視
7. 不打電腦不玩電動遊戲
8. 對窮人施捨
9. 在寺裡禮 taraweeh 拜
10. 齋月最後 10 天禮 qiyam-ul-lail
11. 背一段古蘭
12. 背一段聖訓
13. 背封齋時的禱詞
14. 背開齋時的禱詞
15. 不亂發脾氣
16. 說話注意語言美，不背論人私
17. 待人以禮（特別是對父母、兄弟姊妹、親戚、鄰居及其他穆斯林）
18. 為貧困的孩子準備開齋節禮物
19. 為家人及朋友準備開齋節禮物
20. 送老師、教練、同學齋月（開齋節）禮物
21. 對窮困的家庭提供膳食
22. 幫忙做家事

正式的計分表如後所附，今年進齋在 8 月 11 日，開齋應在 9 月 10 日，請在 9 月 13 日前將統計好的計分表送到寺辦公室，如果有任何意見或建議可以給寺裡送電子信。

我們將就 8 到 9 歲及 10 到 12 歲兩組孩子中得分最高的分別給獎，另外每一位參加者都有一份獎品，各種獎項將在 9 月 17 日開齋節派對中頒發。

**提醒：**向孩子強調品德的重要（敬愛手足、忍耐和善、克制自己的脾氣不和父母吵嘴等）這不僅讓他們可以得分更可以培養他們的好品格。

## 齋月之星計分表

劃掉孩子已得到的點數，要實事求是以教育孩子誠實的價值，在各列尾及頁末簽名

Day	POINTS (Cross off when each point is gained)*	TOTAL	INITIAL
1	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
2	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
3	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
4	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
5	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
6	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
7	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
8	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
9	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
10	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
11	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
12	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
13	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
14	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
15	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
16	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
17	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
18	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
19	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
20	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
21	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
22	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
23	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
24	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
25	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
26	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
27	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
29	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16		
	<b>Grand Total</b>		

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Student Name

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Age

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Parent's Signature

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Date

\* If there are more points per day, then please just tally them and list them in the column as total points per day. 每日若有更多得分，則加總在每日小計的一欄

## **RAMADAN STARS CONTEST**

In order to help our children actively participate in the holy month of Ramadan, we are asking them all to join in our search for the **Ramadan Stars**. Each child will be asked to tally points for every day of this month. Please help your child fill out the score sheet on the back of this paper. We will need your initials and signature to make it official.

We have provided some examples of how to accumulate these points. These are not an exclusive list. But please be sure to follow the general guidelines when determining points.

### **Activities--1 point each:**

1. Obligatory Prayer (each prayer counts as a separate point, get TWO points for praying an obligatory prayer in the masjid)
2. Any extra (nafl) prayers (salat-ad-duha, tahajjud, etc)
3. Fasting
4. Waking up for suhoor
5. Daily Quraanic recitation
6. Not watching television
7. Not playing on the computer or video games
8. Donating money to the needy
9. Praying taraweeh at the masjid
10. Praying qiyaam-ul-lail during the last ten days
11. Memorizing a surah
12. Memorize a hadith
13. Memorize dua for beginning fast
14. Memorize dua for breaking fast
15. Controlling your anger
16. Controlling your tongue (from using bad language or talking bad about someone)
17. Being nice to someone (particularly parents, siblings, relatives, neighbors and other muslims)
18. Buying/making Eid presents for needy children
19. Buying/making Eid presents for family and friends
20. Sending Ramadan/Eid gifts to your teachers, coaches or school friends
21. Feeding a needy family
22. Helping your parents with household chores

The official scoresheet is on the back of this paper. Ramadan starts August 11<sup>th</sup> and Eid is on September 10<sup>th</sup>.

**Scoresheets need to be submitted to the masjid office by Sept. 13th.** If you have any questions or concerns, please email at [ummfahad@gmail.com](mailto:ummfahad@gmail.com).

There will be prizes for students with the highest scores in two different age groups, 8-9 and 10-12. All students participating in this contest will receive a prize. Winners will be announced and prizes distributed at our Eid party on Sept 17<sup>th</sup>.

**REMEMBER: Please stress with your kids the importance of good character (being nice to siblings, being patient and kind, refraining from arguing with parents, etc). This will not only get them points, but also teach them good life skills.**

## RAMADAN STARS SCORESHEET

Please cross off each point as your child adds on to his score. Teach your child the value of honesty by making sure you do not “make things up.” Please initial at the end of each row and then sign at the bottom of the page.

Day	POINTS (Cross off when each point is gained)*																TOTAL	INITIAL
1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
2	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
3	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
4	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
5	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
6	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
7	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
8	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
9	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
10	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
11	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
12	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
13	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
14	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
15	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
16	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
17	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
18	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
19	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
20	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
21	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
22	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
23	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
24	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
25	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
26	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
27	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
28	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
29	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
	<b>Grand Total</b>																	

\_\_\_\_\_  
Student Name

\_\_\_\_\_  
Age

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

\* If there are more points per day, then please just tally them and list them in the column as total points per day.